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Queen Anne
Community Center
Spring Schedule
2006

Queen Anne Community Center
1901 First Ave West, Seattle, WA 98119
206.386.4240
www.seattle.gov/parks/centers/queenannecc.htm



SEATTLE PARKS
AND RECREATION

SEATTLE PARKS AND RECREATION PROGRAM REGISTRATION FORM

in partnership with the Associated Recreation Council

This form is for NON-Day Camp programs only. Ask recreation staff for day camp registration forms as needed.



**SEATTLE PARKS
AND RECREATION**

Registration Procedures:

1. Please complete registration form entirely.
2. Payment **MUST** accompany registration.

Family Information: (Please complete for the adult who is financially responsible for the family account.)

(ADULT) Name: _____ Sex: Male Female
Last First MI (Circle One)

(ADULT) Birthdate: ____/____/____ Email Address: _____
mm/dd/yyyy

Street Address: _____ City: _____ State: _____ ZIP: _____

Phone – eve: (____) _____ day: (____) _____ other: (____) _____

Family Emergency Contact: _____
Name Phone Relation

☐ **PARTICIPANT info differs from above.** How does it differ? _____

PARTICIPANT <small>(please print full name)</small>	M/F	BIRTHDATE <small>(mm/dd/yyyy)</small>	COURSE TITLE <small>(Non-Day Camp Activities ONLY)</small>	1 ST CHOICE		ALTERNATE		AMOUNT
				DATE(S)	START TIME	DATE(S)	START TIME	
								\$
								\$
								\$
								\$
*Acceptance of this request does not guarantee enrollment into a class (see back for more information).								\$
TOTAL								\$

How would you like to pay?

Person making payment _____
(required for proper refunding)

**PLEASE INCLUDE
PAYMENT**

☐ Cash *(Please do not send cash through the mail.)*

☐ Check or Money Order # _____

☐ Visa ☐ Mastercard ☐ American Express

Staff Use Only

Authorization (Ref#) _____

**For
mail-
in
only**

Card #: _____ Expires: _____

Name as it appears on card: _____

Signature: _____

ASSUMPTION OF RISK AND RELEASE: I hereby give my consent as a participant or for the above-named participant(s) to participate in the program(s) listed above being conducted or co-sponsored by Seattle Parks and Recreation and declare that I will not hold the City of Seattle, Seattle Parks and Recreation, Seattle Parks and Recreation's employees, Advisory Council, or any volunteer associated with the program, responsible for any injuries, damage or personal loss incurred while participating in said program(s).

Signed: _____ Date: _____

For Office Use Only:

Queen Anne Community Center

1901 – 1st Avenue West
Seattle, Washington 98119
(206) 386 – 4240, FAX (206) 386 – 4284, TDD
(206) 684-4950
E-Mail Address: queenanne.cc@seattle.gov
WEB: <http://www.seattle.gov/parks/centers/queenannecc.htm>

Registration Dates

Community Center registration period:
Mail-In: 3/13/06
Walk-In: 3/13/06
First day of classes: 4/10/06
Classes are 10 week sessions, unless otherwise specified.

Hours Of Operation

Monday, Tuesday, Friday	1 – 9 p.m.
Wednesday, Thursday	10 a.m. – 9 p.m.
Saturday	10 a.m. – 5 p.m.
Sunday	Closed

Advisory Council Sponsored Hours

Monday, Tuesday, Friday	9 a.m. – 1 p.m.
Wednesday, Thursday	9 – 10 a.m.

* for registered program participants.

Holiday Closures

HOLIDAY CLOSURES

All Park Department facilities are closed the following dates: May 29, Memorial Day

Facility Staff

Gina Saxby, *Recreation Center Coordinator*
Sheree Seretse, *Asst. Recreation Center Coordinator*
Christopher “CJ” Jordan, *Recreation Attendant*
Vannak Thol, *Recreation Attendant*
Dawn Bennett, *Teen Development Leader*
Cindy Sandino-Chang, *Facility Monitor*
David Strothers, *Custodian*

Management Staff

Christopher Williams:
Director, Operations Division 684-4136
Robert Stowers: *Central Sector Manager 684-0796*

Advisory Council Officers

Patricia Barger, *Vice Chairperson*
Deb Artis, *Chairperson*
Romi Gordon, *Member*
Anne Sustar, *Secretary*
Ed Artis, *Member*
Michael DeCaro, *Treasurer*
Brent Martin, *Member*
Joyce Jinka, *Member*

Seattle Parks and Recreation

Mission Statement

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate and build community.

Fees and Charges

The programs and activities listed in this brochure are provided by the Queen Anne Advisory Council under an agreement with the Department of Parks and Recreation. Fees collected by the Advisory Council are used to offset the cost of providing the programs. Program charges include user fees of 3.25% paid to Seattle Parks and Recreation to defray operating costs. Check, Money Orders, Credit Cards, or exact Cash only. Make payable to CITY OF SEATTLE.* Class and programs fees listed in this brochure include sales tax where applicable in accord with current provisions of the State Tax Code enacted by the State Legislature.

REFUNDS AND CREDITS

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, camp special event or program that is cancelled for any reason by Parks and Recreation or Advisory Council will receive a full refund
- Anyone who registers for a day camp, trip overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who withdraws from the activity fewer than 14 days before its start (or after the second session of a class), will receive no refund.
- Please read the entire policy, #7.16, for specific information.

Rental Information

Queen Anne Community Center is available most weekends and during non-program hours for wedding receptions, family reunions, birthday parties or special events. The Center has a gymnasium, small kitchen, and a game room. For information about room rentals, please view our facility rental brochure or call 386-4240.

Advisory Council — You Can Make A Difference!

The Advisory Council is a group of citizens dedicated to the enrichment of our community. Its support enables us to offer a variety of programs and services for people of all ages, ability and backgrounds.

Our Advisory Council is always looking for new members. Meetings are held (on the second Tuesday evening of every month) to talk about programs, policies and financial issues. Citizen direction and participation are

vital to our success. Advisory Council members also create scholarship opportunities through grant writing and other fundraising activities. If you'd like to get involved, please contact Gina Saxby, Recreation Center Coordinator.

Most classes, workshops, sports, and special events are funded through the Advisory Council rather than through Seattle Parks and Recreation. Revenues generated through program fees offset program costs to make Advisory Council activities self-sustaining. We rely heavily on program participation, donations, and contributions to buy, repair, maintain and upgrade program equipment and supplies.

Non-Discrimination Policy

As a matter of policy, law, and commitment, the Seattle Department of Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or presence of any sensory, mental or physical handicap (Seattle Municipal Code 18.12.280).

Persons with Disabilities

We will make reasonable accommodation, upon request, for people with disabilities. If you need sign language interpretation, auxiliary aids or other accommodations, please call 386-4240 or (TDD ONLY 223-7061). If possible, please allow 10 working days advance notice for sign language interpretation or auxiliary aids. If a class or activity is scheduled in an area that is not barrier free for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

Suggestions

We welcome your ideas. If you want to suggest a new class, or if you have an idea you think would benefit us or our community in general, please let us know.

Interested In Teaching?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please talk to a member of our staff.

More Information

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our public information line, 206-684-4075. For more information about programs for senior adults, please call 206-684-4951, and for information about programs for special populations, please call 206-684-4950.

Payment

You can pay for classes and other activities by mail, in person during regular facility hours, or by telephone with a credit card. We accept Visa, MasterCard and American Express. Please make checks and money orders out to CITY OF SEATTLE. **Please Note:** Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due, plus a \$20 fee. (Credit card or cash only) .

Scholarships

Our Advisory Council wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. The Council may choose to offer

scholarships for qualified applicants. To apply for a scholarship, please talk to a member of our staff.

Waiting Lists

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

Class Cancellations

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the least) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

Confirmations

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or cancelled.



Check out our
**Senior Adult
Program and
Activities**

**Call: Tim Pretare
206-684-4240**

**Join us for lunch, rafts, fitness,
field trips and more . . .**



QUEEN ANNE COMMUNITY CENTER RENTALS

Rent a room at Queen Anne Community Center for birthdays, weddings, meetings, dances, family reunions, seminars, craft shows, etc. Contact Queen Anne Community Center Staff at 206-386-4240 for cost

and availability. If Queen Anne Community Center doesn't suit your needs, visit the Seattle Parks and Recreation website at www.seattle.gov/parks. There are over 20 great locations that can be rented throughout the Parks Department.



4TH AND WARD STREET PARK & PUMP HOUSE RENTALS

Available March – September

Rent this beautiful, historic cottage and adjoining park for birthdays, weddings, parties, meetings or any gathering by calling the Queen Anne Community Center at 206-386-4240.

Directions To Queen Anne C.C.

FROM DOWNTOWN: Go North on First Avenue to Denny Way. Take mild right onto First Avenue North. Continue North to Roy Street. Turn Left onto Roy and go one block. Turn Right onto Queen Anne Avenue North. Follow Queen Anne up the hill and continue to Crockett St. Turn left onto Crockett St., go one block Turn Left, the community center is on the corner of 1st Avenue West and West Howe St.

FROM I-5: Take Mercer St. Exit. Turn Right at traffic light (Fairview). Follow Fairview to the Traffic Light. Turn Left onto (Valley) into 2nd lane. Follow Valley St. which becomes Broad St. to 5th Avenue North. Turn Right onto Fifth Avenue North follow 5th Avenue North to Roy Street.

Turn Left onto Roy St. Follow Roy St. to Queen Anne Avenue North. Follow Queen Anne Avenue North up the hill and continue to Crockett St. Turn Left on Crockett St. go one block.

Turn Left, the community center is on the corner of 1st Avenue West and West Howe St.

FROM THE AURORA BRIDGE: Take Queen Anne Drive from South end of Bridge. Follow main road to Queen Anne Avenue. Turn Left on Queen Anne Avenue. Turn right onto Crockett St. and go one block further to 1st Avenue West, turn left the community center is on the corner of 1st Avenue West and West Howe St.

METRO BUS ROUTES: From the east side of the Seattle Center take Metro Bus # 3, 4

From the bottom of Queen Anne Hill take Metro Bus Route # 2 or 13

All four buses can be boarded at 3rd Avenue and Pike Street



Spring Candy Hunt

Come and scramble for the candy hidden in the fields. This event will happen rain or shine.

Age: 11 years and under

Sat, Apr 15

Fees: Free

Teen Flashlight Hunt

Come prepared with flashlight and bag!

Ages 12 – 15

Fri, Apr 14

8:30 p.m.

Fees: Free

Youth Appreciation Week Events

Youth Appreciation Week is a week-long event to tell our youth that they are important members of our community and highly appreciated. We strive to encourage the local community, businesses, schools, the media and others to say, "Thank

You" to our youth, not only during this one week in April, but year round. We believe that our teens are not only our future, but an integral part of the present.

Thank You!

For more information, contact
Dawn Bennett: 386-4240

YAW Breakfast/ Job Fair

Location: Queen Anne Community Center

Date: April 14, 2006

Time: 10 a.m. – 2 p.m.

Transportation to Job Fair at Rainier CC provided



Youth Appreciation Block Party

April 12th 1-5pm

Southwest T.L.C.

1 – 3 p.m. – food//music//mechanical bull// climbing wall// bouncy boxing// jousting//bungee run//S.W.A.T.// fire engine

3 – 3:30 p.m.- Appreciation ceremony with B.J. Brooks

3:30 – 5 p.m. – Field games

FRESH AIR PRESCHOOL

REGISTER NOW FOR THE 2006-'07 SCHOOL YEAR.

OUR PHILOSOPHY

We believe that every child is unique and should be allowed to take an individual, active role in the process of learning. We believe that nurturing confidence, independence, curiosity, and cooperative relationships with classmates and adults is critical for emotional, physical, and intellectual development.

OUR CURRICULUM

Our curriculum is child-centered and play-based (inspired by Reggio Emilia). Our teachers plan activities according to the different interests and abilities of the children. This approach centers on every child's natural curiosity and desire to learn, and fosters self-confidence that is critical for school readiness.

During extended free play in the classroom, the children explore art, science, large and fine motor skills, sensory activities and dramatic play. During play, children use their senses, explore their environment, concentrate, solve problems, symbolize, improve vocabulary and learn to be flexible. Play expands the children's creativity and collaborative group work is considered valuable and necessary, as is physical activity. Ample gross motor time is provided daily, either at the park, playground, or gym.

HOW TO APPLY

Registration forms are available at the Queen Anne Community Center. For more information or to schedule a visit to the classroom, please call (206) 386-4240 and leave a message for the teachers. Registration for returning families begins February 21 – 28. Registration for new incoming families will start March 1, 2006.

HOURS & RATES

Threes Class	Fours Class
Age 3 by 9/1/2006	Age 4 by 9/1/2006
Tues & Thursday	Mon, Wed, Fri
9 a.m.to noon	9 a.m.to noon
\$1,750 annually	\$2,300 annually



OTHER DETAILS

The annual tuition is payable in ten monthly installments due by the 25th of the previous month. A deposit of \$175

(Threes Class) or \$230 (Fours Class) is required upon enrollment. This deposit is credited as your September tuition payment.

The school year typically begins the first Monday after Labor Day and ends in mid-June. Fresh Air Preschool operates on a similar calendar to that of Seattle Public Schools.



OUR TEACHERS

The quality of a preschool is defined by its teachers. We are pleased to offer professionals who are not only educated and experienced but possess a true passion for teaching young children. Warm, nurturing and creative are some of the words parents use to describe the teachers. First Aid and CPR-certified, our teachers update their skills regularly with continuing education.

**REGISTER FOR THE
2006-'07
SCHOOL YEAR NOW!**

PARENTS' NIGHT OUT

Evening program for school age children.

4 – 10 years old

Parents, it's your turn to take time out for yourself! Bring your child to the center for an evening of fun, while you go out to dinner, a movie, or both! Pre-register by the Wednesday before the date. Minimum of nine needed.

Location: Game Room

Activity Fee \$10.00

4/21/2006 Fri 6:30 – 9 p.m.

5/19/2006 Fri 6:30 – 9 p.m.

6/16/2006 Fri 6:30 – 9 p.m.

Baby & Toddler Play Room

Drop in and let your tot play on climbers, in the little kitchen, with blocks, dolls, trucks and other fun toys. Play and socialize with other kids and parents. Escape the rain and enjoy the freshness of a playspace that's not your own living room.

Other information:

- Parent supervision required.
- Parents please be responsible for cleaning up after your child.
- Toy donations gratefully accepted. Please leave your toy and a note for Maryam or Eleni at the front desk.
- Older siblings are welcome, however the Playroom will be geared towards ages 3 and under. Those over 3 need to respect the needs of the little ones.

If you are interested in being a parent "helper" for a week or two, being responsible for cleaning the room, in exchange for free use of the room during your week of volunteer work, please talk to our staff!

Apr 3 – Jun 16

Mon – Fri 9:30 a.m. – 8 p.m.

Sat 10 a.m. – 4:30 p.m.

Fee: \$2/adult

Play Gym

Bring your child(ren) to our large open gym to burn off some energy. There are plenty of play items available-push toys, balls, mats, slides and various toys.

Age: 0 to 5 yrs old

Tues & Thurs 10 a.m. – Noon

Apr 1 – Jun 23

Location: gym

Fee: \$2/adult



Creative Dance

Ages 4-5

A fun, structured, disciplined dance/movement class that combines basic ballet technique with simple movements (hopping, skipping, etc.). Dance teaches focus, concentration, and grace. Will perform on last day. Wear black leotard, pink tights, pink ballet slippers, with hair up.

**4/10/2006 – 6/5/2006 (8wks) No class 5/29
Mon 2:45 – 3:30 p.m.**

Activity Fee \$75.00

Location: Game Room

Instructor: Mary Diedrich

Spring Break Day Camp

This fun camp for kids ages Kindergarten-5th Grade will feature arts and crafts, sports, games, field trips, swimming, and more.
March 13, 2006

For information on scholarships, please contact the Youth Programs Office: #684-7186

Age: Kindergarten to 5 Grade

Mon – Fri Apr 10 – Apr 14

Fees: \$135.

Location: Room 3

Summer Day Camp

Get ready for a Summer packed with great activities. In addition to weekly field trips, we will play lots of games and sports, arts & crafts, we'll sing and dance, play dress-up, go swimming and much, much more. We meet from 7:00 a.m. to 6:00 p.m. Monday – Friday. You must pack a disposable lunch for your child daily although we do serve a light afternoon snack. We are currently enrolling children ages Kindergarten-5th Grade and the fee is \$145.00 per week. A non-refundable \$25/week/per child deposit is needed to reserve your spot. We hope to see you there!

Director: Mark Lilly

Registration begins
Monday, April 3, 2006

For information on
scholarships, please
contact the Youth Pro-
grams Office: #684-7186

Age: 6 to 12 years old

Jun 27 – Sep 2

Community After School Activities (CASA) at the Q

Please join our energetic director and our fine staff for a safe, fun and diverse After School Program! This year we will devote time to develop a Spanish enrichment program. We are also introducing a cooking and music specialty component to the program in addition to the usual art and group games. We will also continue to develop our library and constructing our surroundings into a literacy rich environment. So check the rest

but try the best.....join us at Queen Anne Community Center After School Program.

The focus of our program is to provide the children of Queen Anne and surrounding areas the opportunities to develop socially, emotionally and physically healthy. We make it our personal mission to promote self-awareness, self-control, conflict resolution skills and positive decision making abilities.



We like to work in unison with our local schools to make sure your child's educational experience is constantly being enriched. We strive to build a community where environmental stewardship, gender roles and cultural awareness are discussed in a positive, uplifting manner. We will experiment, create, and explore the world at large. The program will run parallel to the

Seattle public schools calendar. Van pick ups are available from Coe, Hay, and St. Anne's Elementary Schools.

Additional fees for in-service days, schools breaks, late payment, and late pick ups. Payments are due by the 25 day of the previous month.

For information on scholarships, please contact the Youth Programs Office: #684-7186

Director: Mark Lilly

Instructors: Cindy Sandino-Chang & Tamiko Shannon

Mon – Fri 3 – 6 p.m. Apr 3 – Jun 23

Fees: \$230.00

Location: #2 & #3

Ballet 1

Ages 6 – 9 years old

Your little ballerina will learn basic ballet technique in this fun class. Barre work, floor work, and combinations all lead to performance on last day. Ballet instills body awareness and control, and grace. Wear black leotard, pink tights, and pink ballet slippers, with hair up.

Location: Game Room

#6709 4/10/2006

– 6/5/2006

Mon 3:45 – 4:45 p.m.

Activity fee \$75.00



Short Shots Basketball

Ages 5-7

A co-ed program designed to develop skills in your little “hoopster”. Fun Fundamentals with reduced sized basketballs and lowered hoop height helps to instill confidence and make it easier to be successful.

Location: Gym

#6730 4/15/2006 – 5/20/2006

Sat 10 – 10:45 a.m.

Activity Fee \$35.00

After School

Ages 5-12

Please join our energetic director Mark Lilly and our fine staff for a safe, fun and diverse After School Program! We will be introducing a cooking and music specialty component to the program in addition to the usual art group games. We will also continue to develop our library and constructing our surroundings into a literacy rich environment. So check the rest but try the best... join us at Queen Anne Community Center After School Program.

Location: Room 02

4/3/2006 – 6/21/2006

Mon– Fri 3 – 6 p.m.

After School – 5 day \$230.00,

After School – 4 day \$220.00,

After School – 3 day \$165.00,

After School – 2 day \$110.00,

After School – 1 day \$55.00,

**After School – 5 day(2nd Child Discount)
\$220.00**



HipHop/Jazz 1:

Dance like a video star in this fun class combining basic hiphop and jazz technique. Your child will increase their body awareness and confidence level in this class. Will perform on last day. Wear fitted, comfortable clothing with bare feet and hair up.

Instructor: Mary Diedrichs

Age: 9 – 12 years old

Mon. 5 – 6 p.m. (9-12 yrs.)

Fees: \$75.00



Teen Programs

Queen Anne Community Center provides excellent teen programs.

Teen Development Leader: Dawn Bennett

The Teen Program is a DROP-IN program for teens 12 to 18 years old. We engage in fun stuff like swimming, board games, open gym, movies, PS2, and a great computer lab. Come everyday or once in a while to hang out with friends. We also offer structured activities daily, such as workshops and field trips. There is no cost to attend the program, although some events such as field trips have a fee. Check out our monthly calendar to find out about upcoming activities and field trips.

Please note: Some programs require registration and may be cancelled if minimums aren't met. During "drop-in" activities participants may come and go with supervision provided inside and during the event, but not outside the center or after the event.

Do you need service learning hours to graduate?

A plethora of activities exist for you to get involved in the community! Come help organize a beach clean-up or can food drive, lend a hand at Community Center special event or many other projects. Whether it's to fulfill community service requirements for school, or just to lend a helping hand to those in need, give us a call.

Teen Advisory Group (TAG)

Held the third Wednesday of each month in conjunction with the Teen Room, this is your opportunity to get more involved and have a say in what effects teens in the Queen Anne area. Come share your thoughts and ideas, help plan programs, and stay informed on what's coming up in our community.

Instructor: Dawn Bennett

Age: 11 to 17

Mon – Fri 2:30 – 7 p.m. Apr 1 – Jun 16

Fees: Free

Location: Teen Room



Teen Fitness

Play a sport and need to hit the gym in the off season?? Want to get in shape but don't where to start? We'll Queen Anne Community Center now has a workout time for teens. We will have a personal trainer on site to show you how to use the equipment and how to reach your fitness goals.

Times and Dates: TBD



CPR – Adult Beginner

Ages 19-64

This course tells you what to do in the event of a respiratory or cardiac arrest. The instructor is a member of the Seattle Fire Department.

Location: Room 01

#6710 6/14/2006 Wed 7 – 9 p.m.

Activity Fee \$0.00

CPR – Infant/Child

Ages 19-64

#6712 5/10/2006 Wed 7 – 9 p.m.

Activity Fee \$0.00

CPR – Refresher

Ages 19-64

#6714 4/12/2006 Wed 7 – 9 p.m.

Activity Fee \$0.00

Persian Cooking

Ages 18 and older

Come experience the fun and taste of Persian cooking in your own neighborhood. Learn the traditional foundations of exotic Persian cuisine and find yourself transported to a colorful, unique culture. In each culinary session you will learn how to prepare these simple yet very tasty dishes for family or private dinner parties. Anyone can learn how to prepare these simple yet very tasty dishes. No prior experience required! Enjoy lunch and Persian desserts at the end of the demonstration. The instructor is Yvette Leland who is of Persian descent, and is from Britain.

Location: Kitchen

#6727 5/10/2006 Wed 9:30 – 11:30 a.m.

Activity Fee \$30.00



Pottery – Beginning

Ages 16 and older

Learning to make cylinder and bowl forms on the potter's wheel is the focus in this class. As students develop more control of the clay other forms and some variation of forms will be demonstrated. Instruction also includes glazing, decorating and basic materials and maintenance. Cone 5 stoneware clay and glazes are used in this class. Additional supply fee includes 25lbs of clay, glazes and firings.

Location: Pottery Room

4/12/2006 – 6/14/2006

Wed 5:45 – 8:45 p.m.

Activity Fee \$125.00 Supply fee: \$40

Pottery – Intermediate

Ages 16 and older

4/11/2006 – 6/13/2006

Tue 5:45 – 8:45 p.m.

Activity Fee \$125.0 Supply fee: \$40

Tai Chi (Yang Style)

Ages 19-64

Sifu Blake Emery teaches the official Taiji curriculum of the Chinese Wushu Association. Class participants will learn the fundamental movements of 24 Form Taiji and its applications. Session I is for beginners and people with previous experience.

Session II/III is by permission of the instructor only. This class works on the 24 form of Taiji, as well as beginning short and long weapons.

Session One

Location: Room 03

4/15/2006 – 6/17/2006 (10wks)

Sat 10:30 – 11:30 a.m.

Activity Fee \$75.00

Session Two

Ages 19-64

4/15/2006 – 6/17/2006 (10wks)

Sat 11:30 – 12:30 p.m.

Activity Fee \$75.00

Ikebana

Ages 19-64

Try the art of Japanese Flower Arranging. Ikebana is an art form in which the beauty of nature and objects of humanity are brought together.

Location: Room 01

Tue 9:30 – 11:30 a.m.

Activity Fee \$65.00

Session I: 4/11/2006 – 5/2/2006

Session II: 5/9/2006 – 5/30/2006

Piano

This is a patient and fun approach to learning basic keyboard skills. The beginning player can learn music reading, theory, and piano technique.

Age: 18 and Up

Apr 10 – Jun 23

Location: Gym



Adult Basketball Co-ed 30 & up League Spring

Join our fast-paced adult league! Games played twice a week for eight weeks with playoffs taking place in April. Participants can form their own teams.

Coaches meeting April 6 at 7 p.m. at Queen Anne CC

The cost is approximately \$600 per team. A \$250 deposit will be due by April 1 to secure a spot. Final payment is due by April 14 the start of the league.

Cost \$600.00 per team. \$250.00 deposit due at coaches meeting.

Apr 16 – Jun 11

Weight Room Orientation

Sign up with certified personal trainer and fitness instructor Mary Wilson to learn how to use and operate the weight room equipment properly in a one time orientation session. Learn about proper form basics, common weight training mistakes and how to use equipment safely.

Choose a date that works best for you. Mary Wilson is also available as a personal trainer/consultant.

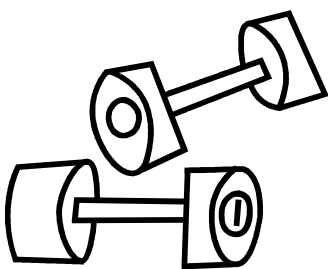
\$5 per session.

Limit 4 participants per session.

Mon – Fri; April 3 – Jun 16, 2006

Location: Weight Age: Adults

Instructor: Mary Wilson



Basketball Open Gym — Adults

This schedule is in effect for the Winter quarter. It is also subject to last minute changes due to facility issues, floor refinishing, program relocation, special events, etc...Please call 386-4240 to verify the open gym times. Schedules may vary.

Age: Adults

Mon – Fri 6 – 9 p.m.

Mar 20 – May 8, 2006

Fees: \$2.00

Location: Gym



A Sense of Place, Protecting the Earth Presentation

Here is an opportunity to acknowledge your thinking or broadening your awareness about what it takes to preserve your land-EARTH. Rina Faamoe from the Northwest Earth Institute will teach the fundamentals of treading lightly upon the earth to sustain it for generations to come.

Join us Thursday, April 20 from 7:00-8:30 p.m.

Instructor: Rina Faamoe

Age: Adults

Thu, Apr 20 7 – 8:30 p.m.

Fees: Free

Upcoming Summer Programs

C.P.R.

This course tells you what to do in the event of a respiratory or cardiac arrest. The instructor is a member of the Seattle Fire Department. Please register at least 3 days before class starts. Please call 206-386-4240 to register or for more information please call Medic-2 at 206-684-7274.

Instructor: Charles Murphy

Refresher: Wed, June 14

Infant/Child CPR: Wed, July 19

Beginning: Wed, Aug 9 7 – 9 p.m.



Summer Youth Basketball League

Boys – Grades 4th through 11th

July 10 – August 11

Fee: \$425 per team

Registration due: June 23



Seattle Parks and Recreation is celebrating Earth Day (April 22) in many ways throughout April. Here are just some of the ways you can get involved:

- Worm Bin Composting Workshop, Green Lake Community Center, April 22, 206-684-0780
- Camp Long Movie Night, *Living With Wolves*, April 27, 206-684-7434
- Care for Seattle's urban waterways as a Creek Steward or a one-time volunteer, 206-684-4163
- Organize a Spring Clean neighborhood cleanup event near your home or work, 206-684-0570

For information on other programs, please call Adam Cole at 206-733-9701, or visit the web at: www.seattle.gov/parks/Environment/earth.htm.

Join the Green Seattle Partnership and EarthCorps April 21 and 22 in the West Duwamish Greenbelt. If we don't

remove ivy or plant new trees, we will lose our forests within the next 20 years! To sign up, visit www.earthcorps.org. To learn other ways to participate, call Joanna Nelson, Cascade Land Conservancy Forest Steward Program Coordinator, at 206-233-5019 x117. Thanks!